

Spark or Sputter?

Self-Assessment for Aspiring Artists

Believe it or not, you *can* answer your calling as an artist without giving up your other roles & priorities. By answering the questions below, you'll gain insight into whether or not you're positioned to **sustain your spark** with a balanced creative life.

Rate each statement on a scale of 1 (strongly disagree) to 10 (strongly agree).

01

Creative Routine

I have a consistent creative routine I am satisfied with.

Rate:

___/10

02

Flow & Fulfillment

When I sit down to create, I easily find flow and feel successful at the end of the session.

___/10

03

Artistic Identity

I feel confident in my identity as an artist and I feel clear on how it fits with other roles in my life.

___/10

04

Financial Stability

I feel a sense of peace and security around my finances.

___/10

05

Day Job Peace

I feel satisfied and content in my day job, and it does not detract from my creative process.

___/10

06

Creative Fulfillment

I believe my artistic talents and passions are being put to good use.

___/10

07

Support System

I have a support system (family, friends, online community) that understands and encourages my creative goals.

___/10

08

Sharing

I am comfortable talking with people about my art, and I know exactly when, where, and how I like to share my work with others. _____ /10

09

Time Investment

I feel satisfied with the amount of time and energy I am able to spend on my art. _____ /10

10

Future Outlook

I can see a future where I am both creatively fulfilled and still devoted the various other priorities in my life. _____ /10

Sum up your ratings for each question to **find your total score** (out of 100): _____

Score 80-100: Thriving Artist

You are stepping into your full potential as an artist while maintaining balance in the rest of your life. Stay focused, remain consistent, and continue looking for new opportunities to fine-tune your creative experience. If you'd like help to make your artistry as rewarding and fulfilling as possible, book a call with me. Together we can set and achieve your biggest creative goals.

Score 40-79: Seeking Balance

You're exploring your options but would benefit from further guidance. It can be challenging to claim into your identity as an artist without sacrificing other roles. If you'd like help excavating your most creative self without uprooting your other priorities, book a call with me. Together we'll bring forward your inner artist in a way that fits naturally with all the other hats you wear.

Score 10-39: Blocked Potential

If you change nothing, you risk never fulfilling your artistic dreams. But you don't have to stay stuck! (And you don't have to become a starving artist, either.) The first step is sketching a plan to reach your creative goals from inside your real life. Getting started is easier than you think. Book a call with me, and we'll pinpoint the changes you can make right now to go from blocked to thriving.

What to do next...

Regardless of where you fall on the scale, know that building a balanced creative life takes time. If you'd like help to shortcut the process and claim your identity as an artist without letting go of your other roles and priorities, book a call with me. I'm here to help you.

Schedule your free 15-minute discovery call at www.laurensangler.com/connect